



# Newsletter

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An academy, as part of The Westbrook Trust

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## Headline

### Live happy, eat well, move more

Triforyou is your local support to live happy, eat well and move more with a smile!

Medway are offering places on a programme for families who would like to live happy, eat well and move more. There is something called Tri@home which is designed for families who want to make changes to their lifestyle at home, together. The programme runs over 3 months, with two one-to-one appointments and personal goals to work on at home together as a family.

For children between 5 and 7 years of age, the course is at Oaklands School in Chatham and begins on Thursday 11<sup>th</sup> January 2017 - 4.15 - 6.00pm.

For children between 8 and 12 years of age, it will be at Medway Park Leisure Centre in Gillingham beginning on Tuesday 19<sup>th</sup> December from 5.00-7.00pm.

For older children, it will be at Brompton Academy from Friday 5<sup>th</sup> January from 4.00-6.00pm.

They include 6 week family courses to find new ways to enjoy a healthy diet, healthy cooking at low cost, being active or making behaviour changes stick. Please contact the team on 01634 333741 [change4life@medway.gov.uk](mailto:change4life@medway.gov.uk) for more information.

You will get the chance to find out more on topics such as portion sizes, body image, what's in our food and much more. There will be help for you to have a more varied healthy diet and find time to move more every day. The changes will be maintained with additional support sessions such as cookery for a year after the course finishes.

As part of the Triclub, you can develop your own journey to find out more about eating more healthily, moving more and changing habits. Over the 12 weeks, families will work together to bring about the changes they want to make.

The website address is [www.abettermedway.co.uk](http://www.abettermedway.co.uk) where you can find more information or you could phone on 01634 333741.

First Pilates lesson for Year R children



## Coming Soon

LKS2 class assemblies:

**Wednesday 29<sup>th</sup> November 3/4A**

Year 3/4 Trip to Kent Life  
Wednesday 22<sup>nd</sup> November

**School Nurse drop in clinic**  
**Friday 24<sup>th</sup> November**

Heights and weights  
Monday 27<sup>th</sup> and Tuesday 28<sup>th</sup>  
November

**Year 5/6 trip to London Museum**  
**Monday 27<sup>th</sup> November**

Whole school Christmas lunch  
Wednesday 6<sup>th</sup> December

**Christmas Fair**

**Wednesday 6<sup>th</sup> December**

Whole School "Save The Children"  
Christmas jumper day Friday 15<sup>th</sup>  
December

## Term Dates 2017/18

### Term 2

Tuesday 31<sup>st</sup> October 2017  
until

Tuesday 19<sup>th</sup> December 2017

### Term 3

Monday 8<sup>th</sup> January 2018  
until

Friday 9<sup>th</sup> February 2018

### Term 4

Monday 19<sup>th</sup> February 2018  
until

Thursday 29<sup>th</sup> March 2018

### Term 5

Monday 16<sup>th</sup> April 2018  
until

Friday 25<sup>th</sup> May 2018

### Term 6

Tuesday 5<sup>th</sup> June 2018  
until

Wednesday 25<sup>th</sup> July 2018

## Attendance:

Last week's top 3:



The Westbrook Trust  
Achieve together

## News

### Christmas dates for your diary:

Wednesday 6<sup>th</sup> December - Whole school Christmas lunch AND our exciting annual Christmas Fair

Thursday 7<sup>th</sup> December KS2 pantomime at Mid Kent College (letter to follow)

Friday 8<sup>th</sup> December Whole school tag day (If you pay £1 your child may wear their own clothes)

Monday 11<sup>th</sup> December - Year 1 Christmas concert to parents 2.30pm

Tuesday 12<sup>th</sup> December - FS nativity to parents

Wednesday 13<sup>th</sup> December - Wind in the Willows for FS and KS1

Thursday 14<sup>th</sup> December - Y2 nativity - 09.30 to families with children and at 2.30 for adults only

Friday 15<sup>th</sup> December - Whole school pay £1 to wear Christmas jumper day

Monday 18<sup>th</sup> December FS1 Christmas concert in class 10.30am and 2.30pm

Tuesday 19<sup>th</sup> December - Christmas carol service in school 10am

### Volunteers

If you would like to volunteer in school, please speak to Mrs Harrison in the office and complete an Expression of Interest form. We are having an induction meeting on Tuesday 28<sup>th</sup> November at 2.00pm so please complete your paperwork before then if you would like to join the ranks of volunteers from January next year.

## Reminders

### Important news:

#### Changes to Friday Club collection times

If your child attends Friday clubs, from today you can only collect them from the office at either 2.30 or 3.30pm. This is to reduce disruption to clubs by children being collected at various times throughout the afternoon. Thank you for your co-operation.

### British values

British values are an important part of our education offer. Through our teaching of PSHE and our Rights Respecting Schools work, we promote British values within our curriculum



#### British values are:

- democracy.
- the rule of law.
- individual liberty.
- mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

## Forest School

If anyone has any spare wellington boots or waterproof trousers, please donate them to the school for use in Forest School. Thank you. Miss Staples

### School Nurse drop in

The school nurse is running a drop in clinic in school on Friday 24<sup>th</sup> November. If you have anything you would like to discuss with her and would like an appointment, please speak to someone in the school office who can arrange it for you.

## In The Community

### Rochester Christmas Market

The Christmas market at Rochester will be held on Saturday 25<sup>th</sup> and Sunday 26<sup>th</sup> November from 10.00am until 6pm. Then it runs for a whole week from Friday 1<sup>st</sup> December until Sunday 10<sup>th</sup> December.

### Pat on the Back

3/4A - Poppy-Jayne for challenging herself and creating effective similes in RWI and Markuss for his partner work and key listening skills in history.

3/4F - Praveen for his improvement in his handwriting since the beginning of the year. Kiana for always being positive and smiley around the classroom and enthusiastic towards her work.

3/4M - Oliver & Kyron for taking on new lines in the class assembly.

3/4P - Joe for his stone age inspired artwork this week and Kelisha for being an excellent role model in the classroom

5S - Grant for his consistent hard work in topic lessons and being an excellent role model in class and Ellie for her anti-bullying work and achievements outside of school in Irish dancing

5/6B - Rhianna for her participation and improvement in numeracy and Amelia for reading with expression during our reading sessions.

6T - Hannah M for the excellent effort she is putting in to her maths learning. She is working hard in class, contributing well and making great links with her previous learning. Shaina for her consistently high standard of topic learning. Shaina always listens really well in class, contributes well and produces some beautiful learning in her book.

### Inclusions this week

- Friday clubs for terms 3 and 4

*This school is committed to safeguarding and promoting the welfare of children, achieving equal opportunities and combating discrimination*

Head Teacher: Mrs Sue Mason

Deputy Heads: Mrs Price (4-7 year olds) and Mr Presneill (7-11 year olds)

Family Liaison Officer: Mrs Liddle (07535 696125)

*This school operates a very clear whistleblowing policy for staff*