

# Brompton Westbrook Weekly Lunch Menu

## Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1</b>	<b>Option 1</b>	<b>Option 1</b>	<b>Option 1</b>	<b>Option 1</b>
Butchers choice sausages Creamy mash potato Garden peas Mixed swede & carrots	Chicken tikka curry with wholemeal rice Mixed vegetables Green beans	Roast beef with Yorkshire pudding Roast Potatoes Broccoli and carrots Gravy suitable for vegetarians	Ham and tomato pizza Potato wedges Baked beans Sweetcorn	Turkey subway w/m roll Leek & potato soup
<b>Option 2</b>	<b>Option 2</b>	<b>Option 2</b>	<b>Option 2</b>	<b>Option 2</b>
Cheese and spinach flan Creamy mash potato Garden peas Mixed swede & carrots	Veggie meatballs in tomato and herb sauce with pasta shapes Mixed vegetables Green beans	Quorn sausages with Yorkshire pudding Roast Potatoes Broccoli and carrots Gravy suitable for vegetarians	Cheese and pepper whirls Potato wedges Baked beans Sweetcorn	Cheese subway w/m roll Leek & potato soup
<b>Option 3</b>	<b>Option 3</b>	<b>Option 3</b>	<b>Option 3</b>	<b>Option 3</b>
Jacket potato with cheese and tomato melt Salad/vegetables	Cheese/coleslaw wrap Salad/vegetables	Tuna/salad cream sandwich in wholemeal bread Salad/vegetables	Egg mayonnaise in a wholemeal bap Salad/vegetables	
<b>Salads and Desserts</b>	<b>Salads and Desserts</b>	<b>Salads and Desserts</b>	<b>Salads and Desserts</b>	<b>Salads and Desserts</b>
Freshly prepared salad cart	Freshly prepared salad cart	Freshly prepared salad cart	Freshly prepared salad cart	Freshly prepared salad cart
Mandarin ice sponge or fruit yogurt	Jam roly poly with custard or fruit yogurt	Mixed fruit & jelly or fruit yogurt	Crispy cake & sliced apple or fruit yogurt	Peach shortbread or fruit yogurt
Seasonal fruit available daily	Seasonal fruit available daily	Seasonal fruit available daily	Seasonal fruit available daily	Seasonal fruit available daily
Water or milk Bread	Water or milk Bread	Water or milk Bread	Water or milk Bread	Water or milk Bread