

Brompton Westbrook Lunch Menu - Week 1

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Chilli Con Carne Rice	Ham Carbonara Tagliatelle Pasta Garlic Bread	Roast Gammon Roast Potatoes Gravy	Chicken Casserole Creamy Mash Potato	Beef Burger Chunky Chips
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Macaroni Cheese Garlic Bread	Quorn Cottage Pie	Quorn Slices Roast Potatoes Veggie Gravy	Veggie Bolognese Tagliatelle Pasta Garlic Bread	Veggie Burger Chunky Chips
VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
Sweetcorn	Mixed Vegetables	Carrot & Swede Green Beans	Green Beans	Baked Beans
SALADS	SALADS	SALADS	SALADS	SALADS
Mixed Salad	Carrot & Cucumber Sticks	Sliced Tomatoes	Grated Carrot	Coleslaw
DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
Apple Crumble & Custard	Banana Cake	Oat & Raisin Cookie	Blueberry Sponge	Ice Cream