

Brompton Westbrook Lunch Menu - Week 3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Pork Sausages Creamy Mash Gravy	Sweet & Sour Chicken Rice	Roast Beef & Yorkshire Pudding Roast Potatoes Gravy	Ham & Cheese Quiche Boiled Baby Potatoes	Jumbo Fish Finger Chunky Chips
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Quorn Sausages Creamy Mash Gravy	Stir Fry Mixed Vegetables Noodles	Quorn Roast Roast Potatoes Gravy	Roasted Vegetable & Tomato Pasta Garlic Bread	Fishless Fingers Chunky Chips
VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
Green Beans	Sweetcorn	Cauliflower Cheese Broccoli	Garden Peas	Baked Beans
SALADS	SALADS	SALADS	SALADS	SALADS
Mixed Salad	Cucumber Slices	Sliced Tomato	Grated Carrot	Coleslaw
DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
Jam Sponge & Custard	Buttery Biscuit	Spiced Apple Cake	Raisin Flapjack	Fruit Jelly