

Brompton Westbrook Lunch Menu - Week 2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	OPTION 1	OPTION 1	OPTION 1	OPTION 1
Chicken & Leek Pie Boiled Baby Potatoes Gravy	Beef Lasagne Garlic Bread	Roast Chicken Roast Potatoes Gravy	Pork Meatballs Rice	Cheese & Tomato Pizza Vegetable Cous Cous
OPTION 2	OPTION 2	OPTION 2	OPTION 2	OPTION 2
Tomato & Herb Pasta Bake Garlic Bread	Vegetable & Chick Pea Curry Rice Pitta Bread	Quorn Roast Roast Potatoes Gravy	Quorn Mince Chilli Rice	Jacket Potato - Cheese, Beans
VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES	VEGETABLES
Garden Peas	Broccoli & Cauliflower	Mixed Vegetables	Sweetcorn	Garden Peas
SALADS	SALADS	SALADS	SALADS	SALADS
Mixed Salad	Mixed Salad	Sliced Tomato	Carrot & Cucumber Sticks	Coleslaw
DESSERTS	DESSERTS	DESSERTS	DESSERTS	DESSERTS
Rice Crispy Cake	Apple Flapjack	Carrot Cake	Lemon Shortbread	Chocolate Sponge & Chocolate Sauce